



Hindu Temple of Ottawa-Carleton Inc.
4835 Bank Street, Ottawa, Ontario K1N 1G6

Temple Hours and Programs

Monday - Friday: 8:30 to 10:30 am
5:30 to 8:30 pm
Arathi at 10 am and 8 pm

Saturday & Sunday 8:30 am to 8:30 pm
(Lunch break: 1:00 - 2:00 pm)
Arathi at 10 am and 8 pm

Sunday Pooja:

Rudram/Chamakam/Sukthas:	8:30 - 9:30 am
Archana (by request)*:	9:00 - 10:00 am
Vishnu Sahasranama / Lakshmi Ashtothara shathanama:	10:00 - 11:00 am
Bhajans	11:00 am - 12:10 pm
Om Namah Shivaya	12:10 - 12:15 pm
Scripture Reading	12:15 - 12:45 pm
Arathi	12:45 pm
Prasad (Lunch)	1:00 pm

Weekly activity:

Shiva Abhisheka - Mondays: 7:00 pm
Hanuman Chalisa - Tuesdays: 7:30 pm
Shiva Pooja/Bhajan - Fridays: 7:00-8:00 pm

Monthly activity

Arya Samaj Havan - Every second Sunday of the month,
3:00 pm to 6:00 pm
Amrit Vani - First Sunday of every month:
11:00 to 11:40 am, followed by Bhajans until
12:10 am
Krishnapaksha Pradosham - Rudrabhishekam 7:00 pm
Vishnu SahasranAma ParAyana:
- Third Saturday of every month: **5:00 - 6:30 pm**
SathyanArayana Pooja - Every Poornima (full moon) -
Devotees may sponsor this event **7:00 pm**