

ब्रह्मचिद्या Brahma Vidya

श्रीमद्भगचत् गीता

अष्टादशोऽध्यायः - मोक्षसंन्यासयोगः

aṣṭadaśo'dhyāyaḥ - mokṣa saṁny**ā**sa yogaḥ Chapter 18 Volume 4

न हि देहिभृता शक्यं त्यक्तुं कर्माण्यशेषतः ।	
na hi dehibhṛtā śakyaṁ tyaktuṁ karmāṇyaśeṣataḥ l	
यस्तु कर्मफलत्यागी स त्यागीत्यभिधीयते ॥	18-11
yastu karma phala tyāgī sa tyāgītyabhidhīyate	

अनिष्टिमिष्टं मिश्रं च त्रिविधं कर्मणः फलम्। aniṣṭmiṣṭaṁ miśraṁ ca trividhaṁ karmaṇaḥ phalam | भवत्यत्यागिनां प्रत्य न तु संन्यासिनां क्वचित्॥ 18-12 bhavatyatyāgināṁ pretya na tu saṁnyāsināṁ kvacit ॥

पञ्चेतानि महाबाहो कारणानि निबोध मे।
pañcaitāni mahābāho kārṇāni nibodha me |
सांख्ये कृतान्ते प्रोक्तिनि सिद्धये सर्च कर्मणाम्।। 18-13
sāṁkhye kṛtānte proktani siddhaye sarva karmaṇām ||

अधिष्टानं तथा कर्ता करणं च पृथग्विधम्। adhiṣṭhānaṁ tathā kartā karaṇaṁ ca pṛthagvidham । चिविधाश्च पृथक्वेष्टा दैवं चैवात्र पञ्चमम्॥ 18-14 vividhāśca pṛthakceṣṭa daivaṁ caivātra pañcamam ॥

शरीरचाङ्भनोभिर्यत् कर्म प्रारभते नरः। śarīravānbhanobhiryat karma prārabhate naraḥ | न्याय्यं चा चिपरीतं चा पञ्चैते तस्य हेतचः॥ 18-15 nyāyyam vā viparītam vā pañcaite tasya hetavaḥ ॥

Sri Krishna has been talking about सात्त्विक त्याग $s\bar{a}ttvik$ $ty\bar{a}ga$, a त्याग $ty\bar{a}ga$ - an act of renunciation, or giving up of something born of सत्त्व गुण $s\bar{a}ttva$ guṇa. When we talk about सात्त्विक त्याग $s\bar{a}ttvik$ $ty\bar{a}ga$, we are talking only about नियत कर्मंs niyata



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karmas - scripturally ordained कर्मs karmas, which include all of one's obligatory duties, whether they are ritualistic or secular. With respect to such नियत कर्म niyata karma, सात्त्विक त्याग sāttvik tyāga means doing the कर्म karma with श्रद्धा śraddhā and devotion, totally giving up कर्मसङ्ग karma saṅga and कर्मफल karma phala. Therefore in सात्त्विक त्याग sāttvik tyāga, कर्म karma is not given up. What is given up is कर्मसङ्ग karma saṅga and कर्मफल karmaphala.

In the context of सात्त्विक त्याग sāttvik tyāga, giving up कर्मसङ्ग karma saṅga means giving up totally all notions of self-glory in being the doer of one's own नियत कर्मेंs niyata karmas - obligatory duties. One's very birth itself confers upon oneself, the duty to do one's नियत कर्मेंs niyata karmas. Therefore, in doing one's own obligatory duties, there is really no self-glory involved.

Giving up कर्मफल karmaphala means giving up totally all fruits of नियत कर्मंs niyata karmas, which means the act of doing the नियत कर्मंs niyata karmas is not motivated by expectation of gaining any कर्मफल karmaphala, simply because कर्मफल karmaphala belongs only to परमेश्वर parameśvar. Every कर्म karma yields कर्मफल karma phala for the doer of the कर्म karma - whether one expects or not, whether one wants or not. When you do कर्म karma, some कर्मफल karmaphala will necessarily come to you, but it does not belong to you. Therefore, you return the कर्मफल karma phala to परमेश्वर parameśvar as an act of worship. Whatever then comes to you, receive that as ईश्वर प्रसाद iśvara prasāda - that is the attitude.

Thus, doing every नियत कर्म niyata karma with proper attitude, namely, giving up कर्मसङ्ग karma sanga and कर्मफल karmaphala is सात्त्विक त्याग sāttvik tyāga. Doing every नियत कर्म niyata karma as सात्त्विक त्याग sāttvik tyāga is कर्म योग चुद्धि karma yoga buddhi. For a person who has कर्म योग चुद्धि karma yoga buddhi, every कर्म karma that comes to him in his lifetime is only नियत कर्म niyata karma, ईश्वर कर्म iśvara karma. There is no other कर्म karma for a कर्म योगी karma yogī. Therefore, for a कर्म योगी karma yogī, doing नियत कर्म niyata karma means doing every कर्म karma totally giving up कर्मसङ्ग karma sanga and कर्मफल karmaphala.



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Such "giving up", such त्याग tyāga, then becomes सर्चकर्मफल त्याग sarva karma phala tyāga - renunciation of the fruits of all actions. Referring to such सर्चकर्मफल त्याग sarva karma phala tyāga of a कर्म योगी karma yogī, भगवान् bhagavān says:

न हि देहिभृता शक्यं त्यक्तुं कर्माण्यशेषतः।
na hi dehibhṛtā śakyaṁ tyaktuṁ karmāṇyaśeṣataḥ |
यस्तु कर्मफलत्यागी स त्यागीत्यभिधीयते॥ 18-11
yastu karma phala tyāgī sa tyāgītyabhidhīyate ||

देहभूत् dehabhṛt is any being which sustains a body. Therefore, in the context here देहभूता dehabhṛtā - for a person

कर्मणि अशेषतः त्यक्तुं न शक्यं karmaṇi aśeṣataḥ tyaktuṁ na śakyaṁ - it is impossible to give up entirely all कर्मs karmas. For any person, it is impossible to give up all actions entirely. Why? Because, as भगवान् bhagavān pointed out earlier, (3 - 5)

न हि कश्चित् क्षणमिप, जातु तिष्ठित अकर्मकृत्। na hi kaściat kṣaṇamapi, jātu tiṣṭhati akarmakṛt । कार्यते हि अचशः कर्म, सर्चः प्रकृतिजैः गुणेः॥ 3-5 kāryate hi avaśaḥ karma, sarvaḥ prakṛtijaiḥ guṇaiḥ ॥

At any time, even for a moment, a person does not remain without performing action, because, every person is necessarily impelled to act, impelled to engage in some kind of action, in accordance with one's own in-born nature, one's own स्वभाव svabhāva, one's own माया गुणंs māyā guṇas - the सत्त्व sattva, रजस् rajas, तमस् गुणंs tamas guṇas. That is the nature of प्रकृति prakṛti.

Nobody escapes কর্ম karma, whether one is a ज्ञानी $j\tilde{n}ani$ or अज्ञानी $aj\tilde{n}ani$. Even though that is so, भगवान् bhagavan declares here (please listen):

यः तु कर्मफलत्यागी स त्यागी इति अभिधीयते yah tu karma phala tyāgī sa tyāgī iti abhidhīyate - The one who is a कर्मफल त्यागी karma phala tyāgī. We must recall here that भगवान् bhagavān has already defined त्याग tyāga as सर्वकर्मफल



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त्याग sarva karma phala tyāga. In other words, the one who gives up some isolated or limited कर्मफल karma phala is not a त्यागी tyāgī. A त्यागी tyāgī is one who gives up all कर्मफलs karma phalas - the fruits of all actions, that person alone is a त्यागी tyāgī. Therefore,

यः तु कर्मफल त्यागी yah tu karma phala tyāgī means the one who is a सर्वकर्मफल त्यागी sarva karma phala tyāgī - the one who gives up the fruits of all actions. In other words, a सात्त्विक त्यागी sāttvik tyāgī, a कर्म योगी karma yogī अभिधीयते abhidhīyate must be recognized as

स त्यागी $ty\bar{a}g\bar{i}$ - That त्यागी $ty\bar{a}g\bar{i}$ - which त्यागी $ty\bar{a}g\bar{i}$? The one who has given up कर्मणि अशेषतः karmani $a\acute{s}e\acute{s}ata\dot{n}$ - all कर्मs karmas entirely, which means, a सर्वकर्म त्यागी sarva karma $ty\bar{a}g\bar{i}$. In other words, भगवान् $bhagav\bar{a}n$ declares here:

- a सर्वकर्मफल त्यागी sarva karma phala tyāgī is indeed, in effect a सर्व कर्म त्यागी sarva karma tyāgī. Since कर्म त्यागी karma tyāgī is the लक्षण lakṣaṇa of संन्यास saṁnyāsa, what भगवान् bhagavān says here is,
- a सर्वकर्मफल त्यागी sarva karma phala tyāgī, a कर्म योगी karma yogī is indeed, in effect, a सर्वकर्म संन्यासी sarva karma saṁnyāsī- an absolute संन्यासी saṁnyāsī, a ज्ञानी jñānī.

Thus, any person, without ever taking to a lifestyle of a संन्यासी samnyāsī, just by always being a कर्म योगी karma yogī, doing all नियत कर्मंs niyata karmas - all obligatory duties, but giving up the fruits of all कर्मंs karmas and enjoying whatever comes as ईश्चर प्रसाद īśvara prasāda, which means, by being a सर्चकर्मफल त्यागी sarva karma phala tyāgī, ultimately becomes a सर्चकर्म संन्यासी sarva karma samnyāsī - an absolute संन्यासी samnyāsī, a ज्ञानी jñānī.

This is not a statement against taking to a lifestyle of an ordinary संन्यासी $sa\dot{m}ny\bar{a}s\bar{i}$. This statement only reconfirms what भगवान् $bhagav\bar{a}n$ said earlier, namely:

यत् सांख्यैः प्राप्यते स्थानं तत् योगैरपि गम्यतेम्। (5 - 5) yat sāṁkhyaiḥ prāpyate sthānaṁ tat yogairapi gamyatem l



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The destination ultimately reached by ordinary संन्यासीs $samny\bar{a}s\bar{i}s$ is also ultimately reached by कर्म योगीs $karma\ yog\bar{i}s$.

As we may recall, in Chapter 12, भक्ति योग bhakti yoga, Sri Krishna glorified सर्वकर्मफल त्याग sarva karma phala tyāga as the best form of कर्म योगी karma yogī, because such कर्म योग karma yoga is practically possible for every person. Prompted by काम kāma - desires of various kinds, one does कर्म karma for the sake of कर्मफल karmaphala. By giving up कर्मफल karmaphala, in effect, one gives up कर्म karma as well as काम kāma, as an act of worship of परमेश्चर parameśvar. By such act of worship of परमेश्चर parameśvar, सर्वकर्मफल त्याग sarva karma phala tyāga, in effect becomes सर्वकर्म त्याग sarva karma tyāga, and also सर्वकाम त्याग sarva kāma tyāga, which is the लक्षण lakṣaṇa - the distinguishing mark of a रियतप्रज्ञ sthitaprajña, a ज्ञानी jñānī. As भगवान् bhagavān said in Chapter 2 (2 - 55)

प्रजहाति यदा कामान् सर्चान् पार्थ मनोगतान् । prjahāti yadā kāmān sarvān pārtha manogatān । आत्मिन एच आत्मना तुष्टः स्थितप्रज्ञस्तदोच्यते ātmani eva ātmanā tuṣṭaḥ sthitaprajñastadocyate ॥ 2 – 55

When one naturally and totally abandons, which means, when one naturally outgrows all काम $k\bar{a}ma$ desires, as they arise in the mind, that person discovers Absolute Peace and happiness in oneself. That is the power and glory of सर्वकर्मफल त्याग sarva karma phala $ty\bar{a}ga$ form of कर्म योग karma yoga. Continuing the discourse, भगवान् $bhagav\bar{a}n$ says:

अनिष्टिमिष्टं मिश्रं च त्रिविधं कर्मणः फलम्। aniṣṭamiṣṭaṁ miśraṁ ca trividhaṁ karmaṇaḥ phalam | भवत्यत्यागिनां प्रत्य न तु संन्यासिनां क्वचित्॥ 18-12 bhavatyatyāgināṁ pretya na tu saṁnyāsināṁ kvacit ||

कर्मणः फलम् त्रविधं karmaṇaḥ phalam trividham - The result of action, any action, is of three kinds. They are:



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इण्टं अनिष्टं मिश्रं च iṣṭaṁ aniṣṭaṁ miśraṁ ca - इण्टं iṣṭaṁ - desirable, अनिष्टं aniṣṭaṁ - undesirable, and मिश्रं miśraṁ - a mixture of both, a result which has both desirable and undesirable aspects, which means, some results are good, some are bad, and some are a mixture of good and bad, in terms of their effects on the disposition of one's अन्तः करण antaḥ karaṇa - mind and बुद्धि buddhi.

Every ordinary person experiences, as well as accumulates such good bad and mixed कर्मफलs karmaphalas arising from their daily activities throughout one's life. One's very birth itself is कर्मफल karmaphala of one's पूर्णजन्म कर्मेंs pūrṇa janma karmas - an expression of the results of one's actions in one's previous births. That also means that even though every कर्म karma yields an immediate result, not all of them manifest immediately. Most of these results are in the form of seeds which sprout, grow and mature later, indeed very much later, forming the basis for one's next and subsequent births. Therefore, भगवान् bhagavān says here:

अत्यागिनां atyāginām - For those who are not सर्वकर्मफल त्यागीs sarva karma phala tyāgīs, for those who do not give up the results of all of one's actions in this life, for those people

त्रिविधं कर्मणः फलम् trividham karmaṇaḥ phalam - the three-fold কर्मफल karma phala, the good, bad and mixed results of actions continue to exist even after death, which means, they cannot escape the experiences of such কর্মफल karma phala on death. They will have to experience and exhaust them through birth after birth. On the other hand

न तु क्वचित् संन्यासिनां na tu kvacit samnyāsinām - That never happens for सर्वकर्मफल त्यागीs sarva karma phala tyāgīs - for those who do give up the results of all of one's actions, because, a सर्वकर्मफल त्यागी sarva karma phala tyāgī is a कर्म योगी karma yogī who naturally gives up the कर्मफल karmaphala of all actions. A कर्म योगी karma yogī is in effect, a सर्वकर्म संन्यासी sarva karma samnyāsī - an absolute संन्यासी samnyāsī, a ज्ञानी jñānī. For a ज्ञानी jñānī, there is no अहंकार ahamkar - no ego, no कर्ता kartā, कर्म karma, or कर्मफल karmaphala - no sense of doership, and hence no action or fruit of action.

Such a ज्ञानी jñānī is a परमहंस परिग्राजक paramahamsa parivrājaka* - an

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^{*}An ascetic of the highest order



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embodiment of परेष्ठि $para\dot{m}brahma$, who has given up everything, which means, who remains dissociated with everything by reason of one's realization of आत्म ज्ञानं $\bar{a}tma~j\tilde{n}\bar{a}na\dot{m}$ - Self-knowledge and consequent Self-recognition.

Thus भगवान् bhagavān points out again the power and glory of सर्वकर्मफल त्याग sarva karma phala tyāga - कर्म योग karma yoga for Self-realization and Self-recognition, which is indeed मोक्ष mokṣa - Total Fulfillment in life, Absolute Peace and Happiness. Further

पञ्चेतानि महाबाहो कारणानि निबोध मे।
pañcaitāni mahābāho nibodha me |
सांख्ये कृतान्ते प्रोक्तिनि सिद्धये सर्व कर्मणाम्॥ 18-13
sāṁkhye kṛtānte proktani siddhaye sarva karmaṇām ||

Thus far, in this chapter, भगवान् bhagavān has been talking about त्याग tyāga and संन्यास saṁnyāsa, with particular reference to कर्म karma, in response to Arjuna's opening question. Now the topic changes. Now भगवान् bhagavān extends the scope of His discourse to include the nature of कर्म karma itself, which is a big topic involving several aspects. We will be hearing Sri Krishna's words on this topic for the next several sessions. Calling attention to this change in topic, Sri Krishna tells Arjuna:

महाबाहो निबोध में mahābāho nibodha me - मम चचनं निबोध mama vacanam nibodha

निश्चयं बोध niścayaṁ bodha - O! Arjuna, please understand this clearly from Me. Awaken yourself to this knowledge from My words, clearly, definitively and without any vagueness about it (निबोध nibodha). About what knowledge?

पञ्च एतानि सर्च कर्मणाम् सिद्धये कारणानि pañca etāni sarva karmaṇām siddhaye kāraṇāni - Here कारण kāraṇa means हेतु hetu - the causal means, the instrumental cause. Therefore, the knowledge here is about the five distinct factors, all of which together constitute the means, the instrumental cause, for the successful accomplishment of all actions.

Thus, Sri Krishna says "Arjuna, I am now going to talk about the five distinct factors, all of which together constitute the means, the instrumental cause, for the performance and



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successful accomplishment of any कमें karma. Please listen to and understand these factors clearly, definitely without any vagueness. This knowledge is very important".

How important is that knowledge?

सांख्ये कृतान्ते प्रोक्तनि sāṁkhye kṛtānte proktani - The knowledge about these five factors, which together constitute the instrumental cause for any कर्म karma is so important that they are pointedly stated and very well explained in कृतान्त सांख्य kṛtānta sāṁkhya - meaning Vedanta Sastra - The Upanishads. Let Me remind them to you again, says भगवान् bhagavān

कृतान्त kṛtānta means Vedanta, that which is said at the end of कर्म काण्ड karma kāṇḍa of the Vedas, namely The Upanishads. सांख्य sāṁkhya means knowledge that is presented concisely, precisely and completely. Thus कृतान्त सांख्य kṛtānta sāṁkhya is another name for Vedanta Sastra - The Upanishads. What is presented in the Upanishads is knowledge for enlightenment, not entertainment. That knowledge has to be understood, appreciated, absorbed and utilized effectively for one's own total fulfillment in life. Reminding Arjuna about the knowledge unfolded in the कृतान्त सांख्य kṛtānta sāṁkhya, on the five-fold factors constituting the instrumental cause for any कमें karma, भगवान् bhagavān says:

अधिष्ठानं तथा कर्ता करणं च पृथग्विधम् ।आयतनं adhiṣṭhānaṁ tathā kartā karaṇaṁ ca pṛthagvidham | विविधाश्व पृथक्वेष्टा दैवं चैवात्र पञ्चमम् ॥ 18-14 vividhāśca pṛthakceṣṭa daivaṁ caivātra pañcamam ||

The five factors involved in successful performance and accomplishment of any कर्म karma are the following:

अधिष्ठानं adhiṣṭhānaṁ means आयतनं āyatanaṁ. The base, the location from where all actions emanate, that is one's शरीर śarīra - one's physical body. One's शरीर śarīra - the physical body, is where all desires, likes, dislikes, pain, pleasure, knowledge, ignorance, etc. find expression in some form. Therefore, one's physical body is the अधिष्ठानं adhiṣṭhānaṁ - the main base, the location, for all of one's actions.

तथा tathā - Similarly



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कर्ती $kart\bar{a}$ - the second factor is कर्ती $kart\bar{a}$ - the doer of the action. Now, who is the doer of one's action? The doer is one's अहंकार $aha\dot{m}k\bar{a}ra$ - one's "I" notion, one's ego, which considers itself as the doer of the action, and the experiencer of the fruit of the action. Thus, one's अहंकार $aha\dot{m}k\bar{a}ra$ - ego, is the second factor.

करणं च पृथक् विधम् karaṇaṁ ca pṛthak vidham - the third factor is करणं karaṇaṁ - the different and distinct (पृथक् विधम् pṛthak vidham) instruments of actions, namely the कर्म इन्द्रिय karma indriya and ज्ञान इद्रिय jñāna indriya - the five organs of actions (speech, hands, legs, anus and the genitals) and the five organs of perception (ear, skin, eyes, tongue and nose) together with mind and बुद्धि buddhi.

First, one desires, and then one decides "Yes, I will do the action". Then, using one's organs of perception and action, one does the action. These means of action are manifold and diverse, each distinct from the other (पृथक विधम् pṛthak vidham)

चिविधाः च पृथक् चेष्टा vividhāh ca pṛthak ceṣṭa - The fourth factor is the distinct and varied activities governed by पञ्च प्राणs pañca prāṇas - the five physiological functions of प्राण prāṇa, अपान apāna, च्यान vyāna, समान samāna and उदान udāna, which are all vital for one's very existence. That means, the kinds of activities one does from time to time are governed by the atmosphere and the environment in which one breathes, one lives, and also the kinds of foods and drinks one consumes. Thus the activities of the पञ्च प्राणs pañca prāṇas, together constitute the fourth factor. Finally

देयं च अत्र पञ्चमं daivam ca atra pañcamam - indeed, the fifth factor here is देयं daivam - the presiding Deities of all natural functionaries, which are collectively called The Laws of Nature, known and unknown. The word देयं daivam here must be understood properly. Wherever there is a natural function, there is a natural law, not a man-made law, which governs the function.

Why do eyes see and not the ears? Why do ears hear and not the eyes? etc. Therefore, there should be some law governing each and every natural function in this creation. The laws which apply to my eyes are also applicable to every other pair of eyes. That is why science is possible, and all the applications of scientific research are also possible. We must understand here that all such natural laws are also expressions of $\frac{1}{4}$ and $\frac{1}{4}$ are the inherent power of $\frac{1}{4}$ are $\frac{1}{4}$ and $\frac{1}{4}$ are $\frac{1}{4}$ and $\frac{1}{4}$ are $\frac{1}{4}$ and $\frac{1}{4}$ are $\frac{1}{4}$ are $\frac{1}{4}$ are $\frac{1}{4}$ are $\frac{1}{4}$ and $\frac{1}{4}$ are $\frac{1}{4}$ are $\frac{1}{4}$ are $\frac{1}{4}$ and $\frac{1}{4}$ are $\frac{1}{4}$ and $\frac{1}{4}$ are $\frac{1}{4}$ are $\frac{1}{4}$ and $\frac{1}{4}$ are $\frac{1}{4}$ are $\frac{1}{4}$ are $\frac{1}{4}$ are $\frac{1}{4}$ and $\frac{1}{4}$ are $\frac{1}{4}$ are $\frac{1}{4}$ and $\frac{1}{4}$ are $\frac{1}{4}$ are $\frac{1}{4}$ and $\frac{1}{4}$ are



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If one looks at परमेश्चर parameśvar through these natural laws, each law becomes a देचता devatā. All these देचताs devatās are collectively indicated here as देचं daivam. Therefore, the five underlying factors constituting the entire instrumental cause for the successful performance of any action are:

अधिष्ठान adhisthan - one's शरीर śarīra - one's physical body

कर्ता kartā - one's अहंकार ahamkāra - one's ego, the "I" notion

करणं karaṇamं - one's organs of perception and action, including mind and बुद्धि buddhi

चिचिधाः चेष्टाः vividhāḥ ceṣṭaḥ - one's पञ्च प्राणs pañca prāṇas - five physiological functions of प्राण prāṇa अपान apāna च्यान vyāna समान samāna and उदान udāna, and their associated components; and

दैयं daivam - the laws of nature, known and unknown

शरीरवाङ्भनोभिर्यत् कर्म प्रारभते नरः। śarīravānbhanobhiryat karma prārabhate naraḥ । न्याय्यं वा विपरीतं वा पञ्चैते तस्य हेतवः॥ 18-15 nyāyyam vā viparītam vā pañcaite tasya hetavaḥ ॥

यत् कर्म प्रारभते नरः yat karma prārabhate nara - whatever कर्म karma, whatever action a person performs

शरीरचाक् मनोभिः śarīra vāk manobhih - by one's physical body, speech or mind

न्याय्यं चा चिपरीतं चा *nyāyyaṁ vā viparītaṁ vā* - whether that action is right or wrong, proper or improper, good or bad

पञ्च एते तस्य हेतवः pañca ete tasya hetavaḥ - these five underlying factors, together, are its means, its instrumental cause, and no other

Every कर्म karma, whether it is a शरीर कर्म śarīra karma, चाक् कर्म vāk karma or मानस् कर्म mānasa karma, whether it is a धर्म कर्म dharma karma or अधर्म कर्म adharma karma, every कर्म karma has, involved in it, all the five underlying factors indicated above, and no other, which means



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- One's रारीर *śarīra* the body alone is **not** the हेतु hetu the instrumental cause for any कर्म karma.
- One's अहंकार ahamkāra ego, one's "I" notion alone is not the हेतु hetu for any कर्म karma.
- One's organs of perception and action, including mind and बुद्धि buddhi, that alone, is not the हेतु hetu for any कर्म karma
- One's पञ्च प्राणs pañca prāṇas alone, are not the हेतु hetu for any कर्म karma
- The देवताs devatās The laws of nature alone are not the हेतु hetu for any कर्म karma,

All the above five underlying factors, together constitute the हेतु hetu - the instrumental cause for every कर्म karma, and there is no other हेतु hetu involved in the performance and successful accomplishment of any कर्म karma. That means, in particular, आत्मा ātmā - The Self I in oneself, is not the हेतु hetu - the instrumental cause involved in any कर्म karma, and hence आत्मा ātmā is not the doer of any कर्म karma.

Even though all कर्मs karmas take place in the presence of आत्मा $\bar{a}tm\bar{a}$, and blessed by the presence of आत्मा $\bar{a}tm\bar{a}$, आत्मा $\bar{a}tm\bar{a}$ Itself does not perform any कर्म karma. आत्मा $\bar{a}tm\bar{a}$ is अकर्ता $akart\bar{a}$ - non-doer at all times. That is the message here.

Sri Krishna continues with this topic, which we will see next time.